



WHY SCREEN FOR LUNG CANCER?

Lung cancer is the #1 cause of cancer-related deaths in the United States and is responsible for more deaths annually than breast, prostate and colorectal cancers combined.

In a landmark national study, the National Lung Screening Trial (NLST) sponsored by the National Cancer Institute, has indicated that screening with low-dose CT scans can help find lung cancers early, leading to a higher cure rate. Diagnosing lung cancer at an early stage, before the cancer has spread, increases a patient's chance of successful treatment and survival.

CALL TODAY TO LEARN MORE
1-855-EARLYDX (1-855-327-5939)

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(5/22)

LUNG CANCER SCREENING

LOW-DOSE CT SCAN (LDCT) FOR EARLY DETECTION



WHAT IS LUNG CANCER SCREENING?

Lung cancer screening is a low-dose CT scan (computed tomography) which is a type of imaging. The scan covers the entire chest and provides a more detailed look than a standard chest x-ray. The exam takes about 15 minutes in total, with the actual scan lasting only 5 to 10 seconds.

WHAT DOES THIS COST?

Many insurance companies are now covering this screening with no cost to the patient. However, this will vary depending on your insurance plan. Please speak with your insurance company regarding the specific coverage and cost of the low dose screening scan.

WHO SHOULD GET A LOW-DOSE CT LUNG SCREENING EXAM?

Medicare and the US Preventative Task Force (USPTF) recommend low-dose CT lung screening for high risk patients as defined below. Those who have symptoms of a lung condition at the time of screening, such as a new cough or shortness of breath, are not eligible.

- Medicare: 50-77 with 20 pack year smoking history and is a current smoker or has quit within the last 15 years
- USPTF: 50-80 with 20 pack year smoking history and is a current smoker or has quit within the last 15 years

NOTE: Eligibility Criteria may vary depending on your insurance plan.

WHAT HAPPENS AFTER THE SCREENING?

Your ordering physician will be informed of your screening results within 5 business days. If the results are abnormal, your physician will coordinate the appropriate follow-up appointments and care.

I THINK I QUALIFY FOR LOW-DOSE CT LUNG SCREENING. WHAT SHOULD I DO NEXT?

Discuss CT lung screening with your healthcare provider to determine if the screening is right for you. For any additional questions, including information on tobacco cessation, contact our CT Lung Screening Navigator at 1-855-EARLY-DX (1-855-327-5939).

WHY SHOULD I CHOOSE SENTARA FOR MY LOW-DOSE CT LUNG SCREENING?

The CT lung screening program is part of the nationally accredited Sentara Cancer Network, which includes multidisciplinary physician teams and measurable quality outcomes. Our program consists of:

- A CT Lung Screening Navigator who will work with your physician to coordinate follow-up recommendations and care.



- A standardized classification system to provide your referring physician with clear, concise recommendations for potential follow-up care needed.
- The most advanced technologies, like navigational bronchoscopy and endobronchial ultrasound, to assist in diagnosing any abnormalities found on the low-dose CT scan.
- Multidisciplinary team approach with interventional radiologists, pulmonologists, thoracic surgeons, pathologists, radiation oncologists and medical oncologists in the Sentara Cancer Network who work together to develop a comprehensive treatment plan specialized for you.

THE BEST WAY TO REDUCE YOUR LUNG CANCER RISK IS TO QUIT SMOKING. When you are ready, the CT Lung Screening Navigator will assist you.